## WLHS JAN Menu 2024

| 1 | 2 <br> WG Corn Dog CN <br> Chicken Quesadilla <br> Fresh \& Canned fruit <br> Fresh Veggies <br> $1 \%$ white milk or nonfat choc | 3 <br> WG Bean /Cheese Burrito <br> WG Cheese Pizza <br> Fresh \& Canned fruit <br> Fresh Veggies <br> 1\% white milk or nonfat chocolate | 4 <br> Grilled Chicken Salad <br> Yogurt Basket/String cheese <br> WG Crackers <br> Fresh \& Canned fruit <br> Fresh Veggies | 5 NO SCHOOL |
| :---: | :---: | :---: | :---: | :---: |
| 8 <br> WG Taquitos <br> Popcorn Chicken <br> Fresh \& Canned fruit <br> Fresh Veggies <br> $1 \%$ white milk or nonfat choc | 9 <br> WG Bean /Cheese Burrito Cheese Burger WW Bun <br> Fresh \& Canned fruit <br> Fresh Veggies <br> $1 \%$ white milk or nonfat choc | 10 <br> WW Grilled Cheese w/tomato soup <br> WG Corn Dog <br> Fresh \& Canned fruit <br> Fresh Veggies <br> $1 \%$ white milk or nonfat choc | 11 <br> WG Pizza <br> Chicken Tenders CN <br> Fresh \& Canned fruit <br> Fresh Veggies <br> $1 \%$ white milk or nonfat choc | $12$ <br> NO SCHOOL |
| 15 | 16 <br> Mozz Sticks <br> Cheese Burger WW Bun <br> Fresh \& Canned fruit <br> Fresh Veggies <br> 1\% white milk or nonfat chocolate | 17 <br> Ham Cheese Hoagie <br> Chicken Alfredo <br> Fresh \& Canned fruit <br> Fresh Veggies <br> 1\% white milk or nonfat chocolate | 18 <br> Corn Dog CN <br> PBJ /String Cheese <br> Fresh \& Canned fruit <br> Fresh Veggies <br> $1 \%$ white milk or nonfat choc | $19$ <br> NO SCHOOL |
| $22$ <br> NO SCHOOL | 23 <br> Tater Tot Beef Cheese Casserole <br> Yogurt Basket String Cheese <br> Fresh \& Canned fruit <br> Fresh Veggies <br> 1\% white milk or nonfat chocolate | 24 <br> Fish Sticks CN <br> WG Taquitos <br> Fresh \& Canned fruit <br> Fresh Veggies <br> 1\% white milk or nonfat chocolate | 25 <br> Cheese Burger WW Bun PBJ String Cheese Fresh \& Canned fruit Fresh Veggies $1 \%$ white milk or nonfat choc | $26$ <br> NO SCHOOL |
| 29 <br> WG Corn Dog CN <br> Chicken Quesadilla <br> Fresh \& Canned fruit <br> Fresh Veggies <br> $1 \%$ white milk or nonfat choc | 30 <br> WW Grilled Cheese w/tomato soup <br> Grilled Chicken Salad <br> Fresh \& Canned fruit <br> Fresh Veggies <br> 1\% white milk or nonfat chocolate | 31 <br> Chicken Burger WW Bun <br> WG Pizza <br> Fresh \& Canned fruit <br> Fresh Veggies <br> 1\% white milk or nonfat chocolate |  |  |

*Students must take THREE components (Grain, Protein, Fruit, Vegetable, Milk) *One item must be a Fruit or Veggie $1 \%$ white milk \& fat free milk offered, Fruit \& veggies served with all meals. Menu subject to change based upon product availability.

This institution is an equal opportunity provider.

