



CHS JR/SR High JAN Menu 2024

1 NO SCHOOL 	2 WG Corn Dog CN Chicken Quesadilla Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc	3 WG Bean /Cheese Burrito WG Cheese Pizza Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat chocolate	4 Grilled Chicken Salad Yogurt Basket/String cheese WG Crackers Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc-	5 WG Pizza Beef Nachos Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc
8 WG Taquitos Popcorn Chicken Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc	9 WG Bean /Cheese Burrito Cheese Burger WW Bun Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc	10 WW Grilled Cheese w/tomato soup WG Corn Dog Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc	11 WG Pizza Chicken Tenders CN Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc	12 WG Pizza WG Chicken Tenders Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc
15 NO SCHOOL 	16 Mozz Sticks Cheese Burger WW Bun Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat chocolate	17 Ham Cheese Hoagie Chicken Alfredo Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat chocolate	18 Corn Dog CN PBJ /String Cheese Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc	19 WG Pizza WG Fish Sticks Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc
22 NO SCHOOL	23 Tater Tot Beef Cheese Casserole Yogurt Basket String Cheese Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat chocolate	24 Fish Sticks CN WG Taquitos Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat chocolate	25 Cheese Burger WW Bun PBJ String Cheese Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc	26 WG Pizza Beef Nachos Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc
29 WG Corn Dog CN Chicken Quesadilla Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat choc	30 WW Grilled Cheese w/tomato soup Grilled Chicken Salad Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat chocolate	31 Chicken Burger WW Bun WG Pizza Fresh & Canned fruit Fresh Veggies 1% white milk or nonfat chocolate		

*Students must take THREE components (Grain, Protein, Fruit, Vegetable, Milk) *One item must be a Fruit or Veggie

1% white milk & fat free milk offered, Fruit & veggies served with all meals. Menu subject to change based upon product availability.

This institution is an equal opportunity provider.