

# WINTER LAKES HIGH SCHOOL

Newsletter - October 2023

## Dear Families: A Letter From Mrs. Clapper, Principal

Educators and Administrators use ODE approved performance assessments to measure how well the education system is serving students and to determine how best to support them moving forward.

As you know, Winter Lakes School has moved to a new curriculum platform called PEAK. Our District is focusing on the importance of improving Math and ELA (English Language Arts) content knowledge. With our new curriculum adoption, it has become essential for us here at Winter Lakes High School to assess our students' knowledge and skills in the content areas of ELA and Math.

We will be creating and sending out accounts for IXL Diagnostic tests. This test plays a critical role in providing our school and district with valuable information about each student's strengths and areas where they may be struggling. Results from this test will be compared to diagnostic exams results given in the spring. Test results will allow us to gain insight into how students are adapting to the new PEAK curriculum and whether adjustments or additional support are needed to support student growth.

### What this IS:

This is just a test, not an additional course.

This is a test to assess student growth throughout the school year using the new PEAK curriculum in the focus areas of MATH and ELA.

There is the possibility that throughout the year, there may be a time in which students will go into the IXL program to do small assessments on learned material and knowledge.

This is an objective to figure out where students are to help them take their education further.

### What this IS NOT:

This is not an additional course of study.

This is not a course for which students will receive credit.

While we understand that taking a diagnostic test may feel challenging, this test is not a pass or fail. Instead, this is an opportunity to show our school and District students' current knowledge levels, which will allow us to make adjustments and provide each student with valuable ongoing learning.

Thank you for your steadfast patience and support as we work to support our students with their education. Please reach out if you have any questions.

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## MARK YOUR CALENDAR: Important Dates for October

**OCTOBER 2023**

SUN	MON	TUE	WED	THU	FRI	SAT
Mental Illness Awareness Week 1	2	SWOCC FSA ID Workshop 3:00 PM - 5:00 PM 3	4	5	NO SCHOOL 6	7
8	9	10	11	PICTURE DAY 8:00 - 2:00 12	NO SCHOOL 13	14
15	16	17	18	19	Progress Reports NO SCHOOL 20	21
22	23	24	25	26	NO SCHOOL 27	28
29	30	HAPPY HALLOWEEN! 31				

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## FAFSA: It's Never Too Early to Start Thinking About Financial Aid



Are you a college-bound student? Then it's time to start thinking about financial aid!

Your first, and most comprehensive source of financial aid, comes from filing your FAFSA (Free Application for Federal Student Aid).

It may look like a daunting process, and it does require a fair amount of information on your part. The good news is you can get help!

Start by joining us and Honora Buell from SWOCC on campus at WLHS from 3:00 PM - 5:00 PM on Tuesday, October 2nd to learn how to file for your FSA ID. This is the first critical piece necessary to proceed with submitting your FAFSA.

Any questions? Contact Misty Snively in Student Services at (541)824-6890 or [msnively@coquille.k12.or.us](mailto:msnively@coquille.k12.or.us)

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## Checking In With the Attendance Office

As we approach the end of our first official month in school, overall attendance numbers are looking good! Meaningful engagement has been taking place daily and productivity is up! Keep up the good work engaging on a daily basis, Monday through Thursday. Way to go Winter Lakers!



If you feel that you are struggling in any way to achieve those regular, positive "attendance hits", here's some tips to help keep you on track:

- Participate in a video class
- Communicate with your Learning Specialist via chat, text, message, communication app, or email
- A phone call between the student and Learning Specialist
- Posting completed coursework to your PEAK account
- Participate in an in-person class session on campus

We also have our Teacher Office Hours open Monday through Thursday from 8:00 AM to 5:00 PM. Log in to your student csd8/Google Classroom account and click on the "Meet" link to chat with a teacher "face-to-face" and get all caught up on your schoolwork!

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**Get Teacher Help. Log In to Office Hours!**

# **WLHS**

## **OFFICE HOURS**

**DO YOU HAVE QUESTIONS?  
ARE YOU STUCK?  
DO YOU NEED HELP ON AN ASSIGNMENT?**

**THERE'S A WLHS TEACHER WAITING TO  
TALK TO YOU FROM 8:00 AM TO 5:00 PM,  
MONDAY THROUGH THURSDAY**

**LOG IN TO YOUR  
GOOGLE CLASSROOM ACCOUNT**

**CLICK ON THE "MEET" LINK**

**YOU'LL BE ABLE TO JOIN VIA VIDEO OR VOICE  
CHAT. YOU CAN ALSO TYPE YOUR QUESTIONS IN  
THE CHAT BOX.**

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**FOR INFORMATION VISIT [WWW.REALLYGREATSITE.COM](http://WWW.REALLYGREATSITE.COM)**

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# COUNSELOR'S CORNER



The greatest influence on a child's social-emotional development is the quality of the relationships that they develop with their primary caregivers. Positive and nurturing early experiences and relationships have a significant impact on a child's social-emotional development. They also influence how the young child's brain develops. An attachment relationship is an enduring one that develops during the first few years of the child's life. It is built upon repeated interactions between the infant and the primary caregiver. These interactions mainly involve attempts by the infant to achieve physical and emotional closeness and the caregiver's responses to these attempts. They have a lasting influence on how the child feels about themselves, how they think and interact in their world, and what they come to expect from others.

Healthy social-emotional development includes the ability to:

- Form and sustain positive relationships
- Experience, manage, and express emotions
- Explore and engage with the environment

Students with well-developed social-emotional skills are also more able to:

- Express their ideas and feelings
- Display empathy towards others
- Manage their feelings of frustration and disappointment more easily
- Feel self-confident
- More easily make and develop friendships
- Succeed in school

Social-emotional development provides the foundation for how we feel about ourselves and how we experience others. This foundation begins the day we are born and continues to develop throughout our lifespan. Today is a new day. You can't go back and change the beginning, but you can start where you are and change the ending.

Kind regards,

Phillip Johnson, Social-Emotional Counselor

(541)824-6802

[pjohnson@coquille.k12.or.us](mailto:pjohnson@coquille.k12.or.us)

# New to WLHS This Year? More Helpful Info to Get You Oriented

## NEW to WLHS this year? Here's some helpful info to get you oriented:

Being a new student/family to WLHS can sometimes be overwhelming. There is a lot of new information to process and a whole new way of schooling, far from that of the traditional school. One very important thing we always want to make sure of, is that all of our students and parents have the knowledge and tools at hand to make their WLHS experience the most beneficial and fulfilling possible. With that said, the following is some (hopefully) helpful information to make sure that you're getting started on the right foot!

- Obviously, if you are reading this newsletter, it means that your student is enrolled! So that part is all taken care of.
- Your Learning Specialist should have contacted you by now. This teacher is your main point of contact at WLHS. They'll explain more about our learning platforms and opportunities. They may ask you questions, so we'll know how best to tailor your educational path. **IF YOU HAVE NOT BEEN CONTACTED BY YOUR LEARNING SPECIALIST YET, OR YOU DO NOT KNOW WHO THEY ARE, PLEASE CONTACT MRS. LANEY AT (541)824-6902.**
- You may have concerns about a lack of classes on your PEAK account. Have you completed your Orientation in the Google Classroom yet? This may be why.
- We have lots of Electives for students! Some are on campus, some are online, some are both. You can select those in your registration and in your Orientation.
- If you are interested in attending on campus classes or having in-person help with your classes, set up that schedule with Mrs. Snively in Student Services at (541)824-6890 or [msnively@coquille.k12.or.us](mailto:msnively@coquille.k12.or.us)

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## October 1 - 7: Mental Illness Awareness Week

- FACT: 1 in 5 children ages 13-18 have, or will have a serious mental illness
- FACT: 37% of students with a mental health condition age 14 or older drop out of school - the highest drop-out rate of any disability group.
- FACT: 50% of all lifetime cases of mental illness begin by age 14
- People experiencing mental illness often face the stigma of rejection, bullying, and discrimination. This can make their journey to recovery longer and more difficult.
- Navigating life with a mental illness can be tough; and the isolation, blame, and secrecy that is often encouraged by stigma can create barriers to getting needed supports, and living well. There is help though! Speak to a school counselor or other trusted adult. Talk with your doctor. Tell a trusted friend. Simply confiding in another person is a step in the right direction!

### **RESOURCES:**

- **Winter Lakes High School:** Phil Johnson (541)824-6802 - [pjohnson@coquille.k12.or.us](mailto:pjohnson@coquille.k12.or.us)
- **Coos Health & Wellness:** (541)266-6700
- **Coos County Mental Health:** (541)751-2500
- **Waterfall Community Health Center:** (541)756-6232
- **North Bend Medical Center:** (541)267-5151

## October is Bullying Prevention Month



Bullying is a behavior that hurts, harms, or humiliates another person, and puts their physical and emotional safety at risk. Bullying comes in all forms, from verbal and physical, to emotional and cyberbullying. In our hyper-connected, busy society, it's hard to avoid. But that also does not make it okay, ever.

The effects of bullying can be brutal. Kids who are bullied can experience depression and anxiety, health complaints, decreased academic success, and more.

School staff are able to do a great deal to prevent bullying and protect students. But we can't do it alone. Parents and youth have an enormous role to play in preventing and stopping bullying in school.

### **PARENTS:**

- Observe your child for signs they are possibly being bullied
- Teach your child how to handle being bullied
- Educate your children about bullying and that it can have legal consequences
- Set boundaries with technology

### **STUDENTS**

- Immediately report bullying of yourself or another student to a trusted adult (teacher, parent, principal, secretary, counselor, coach)
- Don't bully back - Two wrongs DO NOT make a right
- Avoid people and situations that can potentially lead to bullying

### **SIGNS OF BULLYING:**

- Unexplainable injuries
- Lost or destroyed clothing, books, electronics, or jewelry
- Frequently feeling sick or faking an illness
- Changes in eating habits
- Difficulty sleeping
- Declining grades
- Sudden loss of friends or avoidance of social situations
- Feelings of helplessness
- Self-destructive behavior

### **SIGNS A CHILD MIGHT BE BULLYING OTHERS:**

- Getting into physical or verbal fights
  - Having friends who bully others
  - Increasingly aggressive
  - Blame others for their problems
  - Don't accept responsibilities for their actions
  - Have unexplained extra money or new belongings
-

## Reminders & Notices

# Picture



### PICTURE DAY!

Don't forget to stop by WLHS on Thursday, October 12 from 8:00 AM - 2:00 PM for your annual school photo!

You can pick up information on-site to order your print packages online through the Lifetouch website.

# Annular Solar Eclipse



The eclipse will be visible on

**October 14th in Coquille**

First contact will start at 8:04, with totality starting at

**9:16 AM**

Remember: **ALWAYS** wear proper eclipse glasses when looking at the sun!





# Teen Programs

Thursday @ 4 PM  
CoquilleLibraryTeens  
(541) 396-2166

**October 5th**  
Breakout Room -  
*Corn Maze Mystery*



**October 12th**  
Prepare for the Eclipse -  
DIY Eclipse Viewer



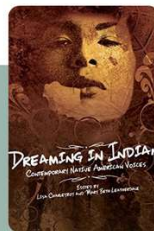
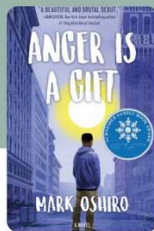
**October 19th**  
Game Day -  
Friends, Games, & Fun

**October 26th**  
Crafternoon -  
Pumpkin Carving

## Great Stories Club

Join an after-school book club!

- Awesome new stories every month!
- Keep your copy of each book!
- Snacks at every meeting!
- Come to one, come to some, or come to them all!



First meeting September 26th @ Coquille High School Library

CoquilleLibrary.org | (541) 396-2166 | CoquilleLibraryTeens





**Sunday, October 29, 2023 @ 12:00 - 3:00 P.M.**



**Coquille SDA Church  
1051 N Cedar point Ln.  
Coquille, Oregon, 97423  
541-396-3890**



**Tiffany Clapper**

Tiffany is using Smore to create beautiful newsletters