#### WINTER LAKES SCHOOL NEWSLETTER

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March 2, 2022

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#### WINTER LAKES HIGH SCHOOL 1501 W Central Boulevard

1501 W Central Boulevard Coquille, OR 97423 (541)824-0115

#### WINTER LAKES ELEMENTARY SCHOOL

1742 N Fir Street Coquille, OR 97423 (541)396-2414

Coquille.k12.or.us Facebook.com/WinterLakes Instagram: @coquilleschools

#### Dear Families: A Letter From Mrs. Sweeney, Principal

Good Morning Winter Lakes Families!

We are excited that springtime is on its way. What a crazy year this has been; Mrs. Nelson and I are grateful to have you as part of our school community. As we head into the final stretch of this school year, please keep in mind that:

- Each WLE and WLHS 8<sup>th</sup> grade student will get a final report card for the school year in June. If you are unsure what goes into that report card, please reach out to your child's Learning Specialist.
- Each WLHS student (9<sup>th</sup> 12<sup>th</sup>) will get a credit update for the 2021/22 school year that will include each subject area's status. If you need more information about how a WLHS student earns high school credit, please contact your Learning Specialist.
- With the recent updates from the Oregon Health Authority, we now know that the mask mandate in Oregon will officially be lifted after 11:59 PM on Friday, March 11<sup>th</sup>. This means that starting Monday March 14<sup>th</sup>, the Coquille School District will no longer make wearing a mask a requirement, instead it will be an optional decision.
- State testing season as arrived! State testing is required in Oregon for all  $3^{\rm rd}-8^{\rm th}$  grade students, as well as  $11^{\rm th}$  grade. If you have questions, or to schedule a spot for your child, contact your school's front office.
- Do you have questions about how else you/your child can be working with WLS teachers and staff? Please contact your Learning Specialist or Mrs. Nelson (WLE principal) or me (WLHS principal) whenever you need to.
- At WLS, our goal is not simply to provide an educational experience. We are here to help with food and clothing if your children have something they need. Please contact the school offices, and Mrs. Singh (WLE), Mrs. Snively (WLHS), or Mrs. Laney (WLHS) will help you! This has been a very challenging time for our community; the pandemic has made housing, transportation, food, and clothing difficult to come by. Let us work together.

Sincerely, Mrs. Sweeney



Don't forget to celebrate the wonderful world of Dr. Seuss this month on his birthday, March 2!

Help carry on the enduring legacy of colorful characters in even more colorful worlds!

#### MARK YOUR CALENDARS!

#### IMPORTANT DATES FOR MARCH

- MAR 1: Self-Injury Awareness Day
- MAR 2: Read Across America Day/Dr. Seuss' Birthday
- MAR 4: NO SCHOOL
- MAR 11: NO SCHOOL
- MAR 13: Daylight Savings Begins Spring Forward One Hour!
- MAR 17: St. Patrick's Day
- MAR 18: NO SCHOOL
- MAR 21 25: Spring Break NO SCHOOL
- MAR 21 27: National Drug and Alcohol Facts Week

MARCH 2022						
SUN	MON	TUE	WED	THU	FRI	SAT
		Self-Injury Awareness Day	2 Read Across America Day/Dr. Seuss' Birthday	3	4 NO SCHOOL Progress Report Day	5
6	7	8	9	10	NO SCHOOL	12
13 Daylight Saving Begins! SPRING Forward One Hour	14	15	16	PATRICK'S DAY	NO SCHOOL	19
SPRING BREAK	SPRING BREAK  March 21 – 27  National Drug & Alcohol Facts Week	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
27	28	29	30	31		



## WE ARE COLLECTING BOX TOPS!!

Make sure that you are "clipping" Box Tops from participating products. Every Box Top donated means more money to keep doing the awesome things we do!

No more cutting required. Download the Box Tops app and "clip" your Tops right from your receipt! Visit boxtops4education for more information!

### SENIORS!! Are you Ready to Graduate?!?!



Graduation gets closer and closer every day. How prepared are you? Let's check in and see where we're at!

- CREDITS: Have you completed your credit requirements? Check in with your Learning Specialist or Mrs. Regan in the Academics office. Together, you can take a look at your current progress report to see where you're at, and where you need to focus.
- ESSENTIAL SKILLS: Remember that Essential Skills have been WAIVED by the Department of Education this year. You are not required to complete them!
- ❖ NAVIANCE: Have you logged in and completed your graduation survey? Contact Mrs. Sperling if you need any help.
- ❖ <u>DIPLOMA:</u> How would you like your name written on your diploma? If you have not comfirmed this information yet, please contact Mrs. Laney or Mrs. Snively in the main office!
- ❖ GRADUATION: Would you like to participate in graduation in June? We have scheduled two dates, June 8<sup>th</sup> and 9<sup>th</sup>, to be held at our new District Office location on Central Boulevard. We have an enormous selection of caps and gowns in every color to borrow along with a tassel that will be yours to keep. If you wish to purchase your own cap & gown, visit <a href="https://www.minersgrad.com/">https://www.minersgrad.com/</a>



There's still a couple dates available to take the SAT Exams for those interested students:

- o May 7 (Deadline to sign-up: Apr 8)
- June 4 (Deadline to sign-up: May 5)

Spots fill up fast, so make sure to register before they're all gone! Visit <a href="https://satsuite.collegeboard.org/sat">https://satsuite.collegeboard.org/sat</a> or contact Southwestern Oregon Community College at (541)888-2525

# SCHOLARSHIP CENTRAL



#### PROMISING FUTURES SCHOLARSHIP

Seniors who are interested in a major relating to school business management are invited to apply for the Promising Futures Scholarship.

School business encompasses a wide variety of duties including accounting, financial planning, business enterprise, benefits & payroll, and public administration.

Visit <a href="https://oasbo.com/page/promisingfutures">https://oasbo.com/page/promisingfutures</a> for more information and to submit your application! Deadline is April 29, 2022.

#### THE PORT OF COOS BAY SCHOLARSHIP PROGRAM

The Port of Coos Bay is seeking to award up to three \$500 scholarships to local graduating seniors, living within or attending school in the Port district, who are pursuing education advancement at an Oregon trade school, community college or university.



All eligible students are encouraged to apply, though special consideration may be given and possible exceptions to the Oregon school requirement will be considered, for studetns seeking educational advancement in trades or skills related to maritime, rail, or trade and logistics industries

Go to <a href="https://www.portofcoosbay.com/community-giving">https://www.portofcoosbay.com/community-giving</a> for more information. Deadline is April 1, 2022



## THE COALITION OF OREGON SCHOOL ADMINISTRATORS SCHOLARSHIPS

Each year the Oregon Association of Secondary School

Administrators (OASSA) awards two \$1000 scholarships to graduating seniors from Oregon public high schools.

These scholarships are for a son, daughter, or dependent child of an OASSA member who meet the criteria listed on the application. The application must be postmarked by March 16, 2022.

COSA also assists in processing scholarships for the Oregon Small Schools Association (OSSA). The \$1000 scholarships are for students of OSSA member districts. Applications must be submitted by March 15, 2022.

For more information, and to access application materials for any of the three scholarships, visit https://www.cosa.k12.or.us/resources#scholarships

## **SURFRIDER FOUNDATION**COOS BAY SCHOLARSHIPS

Coos Bay Surfrider is proud to offer scholarships to high school students in Coos and Curry Counties.



The scholarships are for students looking to enter an educational pathway with emphasis on the natural sciences or an environmental major.

Visit https://coosbay.surfrider.org/scholarships/ for more information.

Deadline is April 17, 2022.



## Coos-Curry County Farm Bureau Scholarship

The Coos-Curry County Farm Bureau is offering two scholarships for academic year 2022/23.

The \$1500 scholarships will be given to high school seniors who plan to major in an agriculture-related field at an Oregon college, university, or community college.

Visit <a href="https://oregonfb.org/scholarships/">https://oregonfb.org/scholarships/</a> for more information and to access the CCFB Scholarhip packet materials.

Deadline is April 1, 2022.

# THIS IS WHY YOU SHOULD FILL OUT THE FAFSA

#CollegeOpportunity | StudentAid.gov



#### CAMPUS RULES

#### A Few Items to Remember

- ALL tobacco products are strictly forbidden on campus, including vapes.
- ALL weapons

   (including pocket
   knives) are strictly
   forbidden on school
   property.
- During the school day, there is to be NO loitering outside. You will be asked to leave campus.
- Winter Lakes School is a CLOSED campus. Leaving campus at any time means that you will be asked to leave if you try to return.
- Please do not loiter outside of nearby homes or businesses.

For more information about other scholarship opportunities, contact Christine Regan at WLHS at (541)824-0115 ext. 7205 or CRegan@csd8.info

#### EARN CREDIT FOR WORKING!

Do you have a job? Earn high school credit for hours worked!

Check with Mr. Rilatos to see how!

krilatos@csd8.info



#### WHO AM I?: Getting to Know Our Wonderful Teachers & Staff

#### **Zach Clute-Reinig**

Mr. Reinig is brand new to us this year at Winter Lakes High School.

Mr. Reinig is a pretty good skier, but there's not too many chances to do that out here on the coast!

He has lived in Louisiana, Oregon, Idaho, California, and Colorado. He also used to have a pet goat.

During the Summer, Mr. Reinig loves to get outside to fish, bike, hike, and camp with his wife.

If he were trapped on a desert island, Mr. Reinig would watch *The Sopranos* and anything by the Coen Brothers, and read Raymond Carver.

He also knows all the lyrics to "Rasputin" by Boney M.

#### <u>Kailey Carey</u>

Ms. Carey is also brand new to Winter Lakes High School this year.

She can play the viola, violin, cello, and piano. She also lived in a castle in England for an entire Summer!

When she's not working, Ms. Carey likes to paint, watch hockey, read, and RELAX.

Her dream vacation for herself would be to go to Hawaii. Her dream field trip would be to take her students to Europe to explore the people, culture, and food!

She would survive for approximately 2.5 minutes when the zombie apocalypse happens.

Each morning, Ms. Carey prepares for work by grabbing an iced coffee from Starbucks and blasting music on her drive. Then she's ready to get to know her students better and watch them succeed in all they put their minds to.

She enjoys getting to learn something new from them every day.

She has been sorted into Slytherin House, though she disagrees with the Sorting Hat's decision.

#### **VISION 2022: CONGRATULATIONS BRAEDY!!!**

Winter Lakes High School's own Braedy Kuehn recently took FIRST PLACE in the 10<sup>th</sup> grade division of Coos County's VISION 2022 art competition, hosted by the Coos Art Museum. He beat out some very talented competition with his stunning photograph titled "Cowboy". Take some time to check out Braedy's work, as well as the work of our other talented local students at the Coos Art Museum at 235 Anderson in Coos Bay through April 15<sup>th</sup>!







## March 21 – 27: National Drug & Alcohol Facts Week

The body and brain of a growing kid comprise a very delicate system. Some of the most upsetting influences to this system are tobacco, alcohol, and drugs. As little as one single use can be all it takes to develop a devastating addiction or even overdose (verywellmind.com, 2020).

The effects of addiction encompass not just the addict, but their friends, family, and loved ones as well; carving a path of destruction and loss. This damage is not always fixable, there is often no "going back". The anatomy of an addict's brain and life are forever altered.

Making smart choices in your youth creates a solid foundation for your health and future. Though saying "NO" is not always easy, nor is it always seen as "cool", it is the best choice you can make to set yourself up for success.

If you think a friend or family member has a problem with substance abuse, talk to an adult you can trust – like a parent, coach, or teacher – right away. Remember, treatment is available and people CAN get better (NIDA, 2020).

Visit https://teens.drugabuse.gov/ for information and resources.

#### LOCAL AND NATIONAL RESOURCES

- Narcotics Anonymous
  - o (541)267-0273
  - https://coosbayna.org/
- Substance Abuse and Mental Health Services Administration (SAMHSA)
  - o https://www.samhsa.gov/
  - o (541)396-7575 ext. 7576
- ADAPT
  - o (541)751-0357
  - o https://adaptoregon.org/
- All Tribes Mental Health Services, Inc.
  - o (541)366-7640
  - https://www.alltribesmentalhealth.com/
- Serenity Lane
  - o (541)267-5081
  - o https://serenitylane.org/

#### **March 1: Self-Injury Awareness Day**

Self-injury is any deliberate, non-suicidal behavior that inflicts physical injury to a person's own body (lifesigns.org.uk, 2008). Self-injury does not look the same from person to person. It is a unique coping mechanism that takes many forms including cutting, scratching, burning, and even non-lethal self-medicating. Around 10% of young people engage in some form of self-injury.

The myths and misinformation surrounding self-injury create devastating stereotypes and stigma that make it difficult for most people to talk about it. Feelings of fear and shame lead them to hide what they are doing.

If you are a person that is engaging in self-injury, please find somebody you can trust; a friend, family member, school staff member, coach, etc.

If your friend is confiding in you with this information, that means they trust you. LISTEN WITHOUT JUDEGEMENT. This is a big deal for them. Encourage them to get help without pressuring too much. Above all, treat them kindly. They are a person, just like you.

Visit <a href="https://www.rethink.org/advice-and-information/about-mental-illness/learn-more-about-symptoms/self-harm/">https://www.rethink.org/advice-and-information/about-mental-illness/learn-more-about-symptoms/self-harm/</a> for more information.

#### **National & Local Resources**

- Self-Harm Crisis Text Line
  - o Text HOME to 741741
- YouthLine
  - 0 (877)553-8336
- Coos Health & Wellness Crisis Hotline
  - o (541)266-6800
- All Tribes Mental Health Services, Inc.
  - o https://www.alltribesmentalhealth.com/
  - o (541)366-7640
- KAIROS
  - o https://www.kairosnw.org/
  - o (541)267-3511



#### REMINDERS & NOTICES



#### **SWOCC Is Coming For a Visit!**

Representatives from Southwestern Oregon Community College will be visiting the WLHS campus next month to meet with interested students.

They will be joining us Monday, April  $18^{th}$  from 9:00-11:00 AM and Tuesday, April  $19^{th}$  from 1:00-3:00 PM

The tentative agenda will include:

- Admissions Process
- Student Experience
  - O What is it like to be a SWOCC Student?
  - o How can you get involved?
  - o What would be most helpful for students to know before they attend SWOCC?
- Financial Aid
- Other student services
- Breakout advising

#### **VISIT OUR CLOTHING CLOSET**

As we have continued to grow, so have the sizes of our donations. We have so many clean clothing items to share!

Contact WLHS at (541)824-0115 or <a href="msnively@csd8.info">msnively@csd8.info</a> or <a href="msnively@csd8.info">slaney@csd8.info</a> or WLE at (541)396-2414 or <a href="msnively@csd8.info">rsingh@csd8.info</a> to make an appointment to "shop" our closet. All sizes and styles! Shoes and accessories too!

#### STATE TESTING DATES ARE COMING

With the ushering in of Spring comes preparation for annual state testing sessions. Testing will take place beginning March 30 and continuing through June 1. State tesing is required for all 3<sup>rd</sup> through 8<sup>th</sup> and 11<sup>th</sup> graders.

Please contact Mrs. Snively or Mrs. Laney at WLHS to schedule your time slot. Call (541)824-0115 or email <a href="msnively@csd8.info">msnively@csd8.info</a> or <a href="msnively@csd8.info">slaney@csd8.info</a>. Or contact Mrs. Singh at WLE at (541)396-2414 or <a href="msnively@csd8.info">rsingh@csd8.info</a>.

You do have the option to waive testing for your student if you so choose. If you wish to opt out, we ask that you please complete this form: <a href="https://www.oregon.gov/ode/educator-resources/assessment/Documents/notice">https://www.oregon.gov/ode/educator-resources/assessment/Documents/notice</a> opt out form English.pdf and return it to the front office.

Please call or email if you have any questions!



Are you actively considering your career options?



Visit <a href="https://www.recruithippo.com/views/home-1.php">https://www.recruithippo.com/views/home-1.php</a> to learn more about options in internship and career advancement!

Contact our local Recruit Hippo coordinator at (541)751-3970 for more information!