

Winter Lakes Newsletter

Winter Lakes

High School >>>

1501 W Central Blvd
Coquille, OR 97423
(541) 824-0115



Volume Two-Issue Eight

APRIL 1, 2021



<<<Winter Lakes

Elementary School

1742 North Fir St
Coquille, OR 97423
(541) 396-2414

Coquille.k12.or.us

Facebook.com/WinterLakes

Instagram: [@coquilleschools](https://www.instagram.com/coquilleschools)

IN THIS ISSUE >>>

- ❖ MARK YOUR CALENDARS!: Important Dates for April
- ❖ SENIORS: Are You Ready to GRADUATE?!?
- ❖ FREE \$\$\$ for College!
- ❖ April is Child Abuse Prevention Month
- ❖ Focusing on Your Mental Health During These Crazy Times
- ❖ Students' Corner: A Place for Student-Submitted Works
- ❖ Uni-T Resource and Information Group
- ❖ Family Game Night
- ❖ The Relation-Ship
- ❖ Announcements & Reminders

Dear Families, A Letter From Mrs. Sweeney, Principal

We've made it to spring time! What a crazy school year; this is my 16th year as an educator, and I've never had a year like this with so many changes.

I dearly hope we never have pandemic challenges again. I appreciate everyone's flexibility as Mrs. Nelson and I adapt to the ever-changing COVID-19 regulations from ODE and OHA.

While WLE was able to keep their schedule relatively the same coming back from spring break, WLHS has updated theirs again. We do think that there won't be anymore changes for the remainder of this school year.

As we finish out the last ten weeks of the school year, please keep in mind that Winter Lakes students get to work at their own pace. That means that students who are already finishing up courses for this school year may start on classes that would have to wait for next year at a traditional school. Students who need a bit more time to finish up this year's courses get to resume those in the fall right where they left off. Winter Lakes is always working with the individual student and their needs; always let your learning specialist know if you are struggling or if you want to be challenged.

At WLHS, we do get to have some graduation ceremonies this year. If you are graduating, the WLHS office will be in contact with you soon.

For current 9th - 12th graders, it's time to consider summer school. Learning specialists will work with you about this year's plan. The WLHS main office will have summer school applications available in a few weeks; look for an email about that.

Sincerely,
Jennifer Sweeney, WLHS Principal



DON'T FORGET!

April 12th & 13th is pre-registration advising for SWOCC.

Contact Cintya Gallagher at (541)824-0115 ext. 7202 or cmallagher@csd18.info to schedule your spot!

IMPORTANT DATES FOR APRIL

- ❖ April is Child Abuse Prevention Month
- ❖ APR 2: NO SCHOOL/ Progress Report Day
- ❖ APR 9: NO SCHOOL
- ❖ APR 12/13: SWOCC Pre-Registration Advising
- ❖ APR 16: NO SCHOOL
- ❖ APR 23: NO SCHOOL/ Progress Report Day
- ❖ APR 29: Job Corps Info Session - <https://meet.google.com/rbe-hofv-hkx>
- ❖ APR 30: NO SCHOOL

April 2021						
SUN	MON	TUES	WED	THUR	FRI	SAT
APRIL IS  CHILD ABUSE PREVENTION MONTH				1	2 NO SCHOOL Progress Reports	3
4 Easter Sunday	5	6	7	8	9 NO SCHOOL	10
11	12 SWOCC Pre-Registration Advising	13 SWOCC Pre-Registration Advising	14	15	16 NO SCHOOL	17
18	19	20	21	22  EARTH DAY	23 NO SCHOOL Progress Reports	24
25	26	27	28	29 Job Corps Information Session 5:30 PM on Zoom	30 NO SCHOOL	



One >>>

SENIORS: Are You Ready to Graduate?!?

As we continue to approach the end of the 2020/21 school year, for many of you, it is the end of a very long road to that finish line also known as "Graduation". We applaud each and every one of you for seeing this journey through to the very end!

By now, you should have a pretty good idea of where you are at on your individual path toward completing your diploma. If you are still unsure, contact your Learning Specialist right

away to do a credit review.

For those of you who are now all done, or even very close to being done, congratulations!

We know that many of you have been looking forward to your graduation ceremony for a long time. In light of recent changes in the current climate, we may now be able to offer something a little closer to a traditional graduation ceremony. The details of



what that will look like are still being fleshed out. Stay tuned for updates as things continue to develop. Rest assured, when you are all done we will be contacting you with the happy news!

"And will you succeed? Yes! You will indeed! (98 and $\frac{3}{4}$ percent guaranteed!) Kid, you'll move mountains!"

-Dr. Seuss



Two >>>

FREE \$\$\$ FOR COLLEGE!!!

ATTENTION COLLEGE-BOUND STUDENTS!:

The FAFSA (Free Application for Federal Student Aid) and ORSAA (Oregon Student Aid Application) are open. This is a multi-faceted opportunity to secure up to thousands of free dollars to fund your college education. It's easy. Go to <https://oregonstudentaid.gov/> to get started.

OTHER OPPORTUNITIES FOR SCHOLARSHIP DOLLARS:

- The Carel & Camilla Rietman Foundation Scholarship
<https://rietmanscholarship.org/>
- We the Students Scholarship Essay Contest
<https://www.billofrightsinstitute.org/we-the-students-essay-contest>
- US Bank Student Scholarship
<https://www.usbank.com/financialiq/manage-your-household/student-center/enter-to-win-the-student-union-scholarship.html>
- Mike Rowe Works Foundation
<https://www.mikeroweworks.org/scholarship/>
- Gen and Kelly Tanabe Scholarship
<http://www.genkellyscholarship.com/index.html>
- Bill Brainard Memorial Scholarship
<http://www.naggers.nbend.k12.or.us/2021%20Bill%20Brainard%20Memorial.pdf>
<http://www.naggers.nbend.k12.or.us/2021%20Bill%20Brainard%20Memorial%20Page%202.pdf>

Speaking of College. . .

If you think you may be interested in enrolling in college, but you're not sure where to start, contact Mrs. Gallagher at CGallagher@csd8.info or (541)824-0115 ext. 7202 to learn more about your options.

You can also contact her to schedule your time for SWOCC Pre-Registration Advising which takes place on April 12th and 13th this year.

Three >>>

WARNING: This page contains sensitive subject matter.

April is Child Abuse Prevention Month

Each April, in honor of Child Abuse Prevention Month, it is time to take pause and reflect on how we as a community can continue to combine our strengths in learning more about and preventing child abuse and neglect.

According to the Department of Health & Human Services annual report in 2019, CPS agencies received a national estimate of 4.4 million total referrals (acf.hhs.gov, 2019). That is an increase of around 500,000 since 2015.

Recognizing and acting immediately on suspected signs of abuse is critical to making sure the abuse is prevented and stopped. Click here to learn about the signs and symptoms and more about how you can do your part:

<https://www.childwelfare.gov/pubpdfs/whatiscan.pdf>

By working together to prevent and put a stop to child abuse and neglect, we prevent and put a stop to the far-reaching, lifelong, devastating effects that come with it.



Local & National Resources

- US Department of Health & Human Services
<https://www.childwelfare.gov/topics/preventing/preventionmonth/>
- Oregon Department of Human Services
<https://www.oregon.gov/dhs/children/child-abuse/pages/reporting-numbers.aspx>
- Kids' HOPE Center – (541)266-8806
<https://oregoncas.org/>

Four >>>

Focusing on Your Mental Health During These Crazy Times

We are now a year into our current "normal" since things took a turn last March. "Adaptability" remains the name of the game as we continue to navigate continuously uncharted and often frustrating waters. No person has been unaffected by this current life as we know it.

To that end, your mental health remains as crucial as ever. And the variety of ways to cultivate positive mental health are varied.

Click here for some tips, trick, and pointers on how you can stay active and set manageable goals:

<https://www.nwga.gov/sites/default/files/committee/docs/mhsc-covid-and-managing-your-mental-health.pdf>



Local & National Resources:

- Oregon Youth Line
 - (877)968-8491
 - Text teen2teen to 839863
 - <https://oregonyouthline.org/>
- Coos Health & Wellness (541)266-6700
<https://cooshealthandwellness.org/behavioral-health/>
- KAIROS (541)267-3511
<https://www.kairosnw.org/>
- Waterfall Health Center (541)756-6232
<https://www.wfall.org/patient-care/mental-health/>

Five >>>

Connect with Our Counselors!

Winter Lakes Students: We have counselors! If you feel you would like somebody to talk to, or even just check in with every once in a while, get in touch with our star counseling team!

- Stacey Evoniuk – WLHS & WLE
SEvoniuk@coquille.k12.or.us
- Michele Bullington – WLE
MBullington@coquille.k12.or.us

Also, for WLHS students, be sure to check out Ms. Evoniuk's 'Counseling Office' link in the Google Classroom!
<https://classroom.google.com/u/0/c/MTc2NjE1ODY5NjYz>



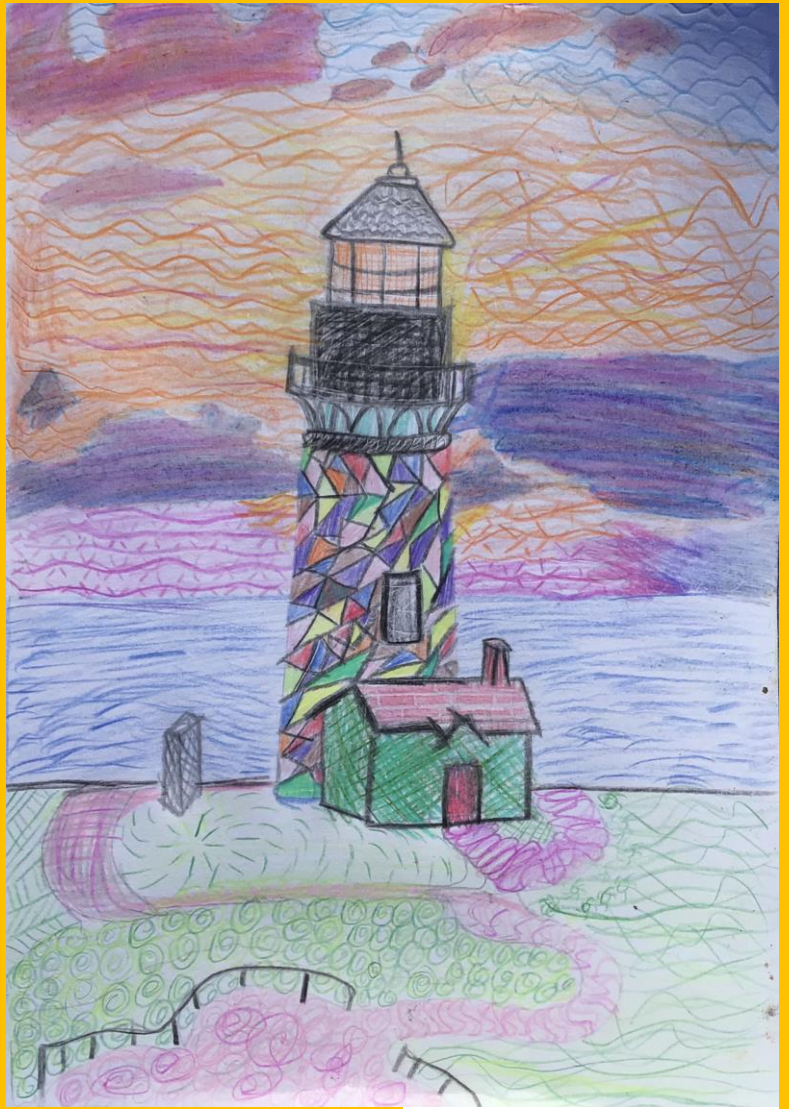
Six >>>

Students' Corner: A Place for Student-Submitted

Creativity abounds at Winter Lakes Schools! We have so many truly talented students. Students' Corner is a place for YOU, the students, to share your creativity with your classmates.

Drawings, poetry, photography, a short story, we want to see it!

Send your submissions to sfitzhenry@csd8.info to be printed in the newsletter for everybody to see and enjoy.



Theresa Waldrop – 11th Grade



Penny Waldrop – 8th Grade

UNI-T

Resource and Information Group for Transgender & Gender Diverse Youth

School year hours

**Restarting March 23rd 2021
Tuesdays @ 4:30pm - 5:30pm**

*Zoom Virtual Meeting
Ages 14-18*

What We Do

Uni-T is a Resource and Information group for youth and young adults who identify as gender diverse: transgender, genderqueer, questioning, gender fluid, non-binary, YOU NAME IT. This one hour group is intended to provide:

- Information about local resources and processes for gender affirmation care (e.g. hormone therapy, top surgery, etc.)
- Education on Gender Dysphoria, Gender Identity, and Gender Affirmation Care
- Connect you to providers who can assist with hormone therapy, top surgery, etc.
- Space for asking questions!

Ask **questions**, learn more about **gender affirmation care** (hormone therapy, top surgery, etc.), and **explore** and **learn** about gender identity in a **supportive**, **affirming**, and **safe** environment

"Gender is a spectrum"



Contact Us

Gail Marie Small & Laurie Reis
541-266-6728 & 541-294-5378

marie.small@chw.coos.or.us

laurie.reis@chw.coos.or.us

PARENTS AND FAMILIES OF
MIDDLE SCHOOL STUDENTS

Strengthen Your Family Team

Family game night over Zoom

Thursdays April 8 - May 27 2021

6:30 p.m. - 8:00 p.m.

Each week families will meet together on zoom and receive a free subscription box in the mail with supplies to participate in weekly lessons and social media challenges.

Each subscription box will include:

- FREE family game
- FREE family friendly recipe
- FREE art and craft supplies
- Weekly incentives for attendance and participation
- Access to closed Facebook Group

Call 541-266-3909
for more
information

Click
here to
Register!



OREGON
PARENTING
EDUCATION
COLLABORATIVE

THE RELATIONSHIP-SHIP

JOIN US IN A VIRTUAL GALAXY
TO TALK, SHARE & LEARN ABOUT
EVERYTHING AND ANYTHING
RELATIONSHIPS

This virtual event for
youth ages 14-25 will be
held on Zoom! Lets share
and learn together to
build skills for healthy
relationships in our lives!



Meet the Group Leaders!

JENNA

Sexual and Reproductive
Public Health Educator



GABI

Program Manager & Youth
Peer Support Specialist



PAUL

Reference Librarian



COOS BAY
PUBLIC LIBRARY

APRIL
1

3:30PM-4:30PM

Participants will
have the chance to
win **\$20 Gift Cards!**
(from Coos Health & Wellness)

We meet every 1st Thursday!

Register for this FREE virtual
program @ <https://is.gd/BAGVyr>

ANNOUNCEMENTS

&

REMINDERS

Summer School Sign-Ups

Interested in Summer School? Sign-ups will be opening soon!

Summer School will be open to current 9th through 12th grade students only. **No exceptions.**

Watch for our email in a few weeks with sign up forms! Summer School runs from June 21 through July 29.

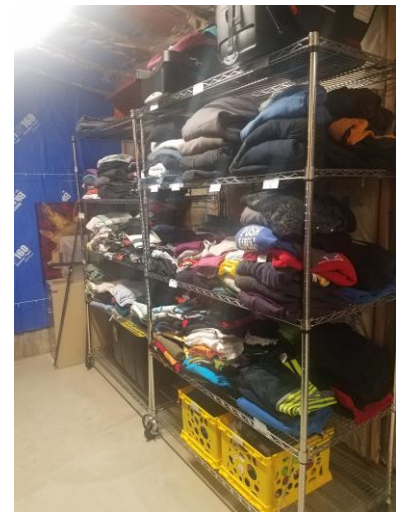


Visit Our Clothing Closet

As we have continued to grow, so have the sizes of our donations. We have so many clean clothing items to share!

Call us at (541)824-0115 or email msnively@coquille.k12.or.us or sfitzhenry@coquille.k12.or.us to make an appointment to shop our closet.

All sizes and styles!! Shoes and accessories too!!



CAREERS BEGIN HERE

Interested in Job Corps? Want more Info?

Join Job Corps Thursday, April 29th at 5:30 PM for an informational Zoom session.

Virtual Meeting: <https://meet.google.com/rbe-hofv-hkx>

Job Corps Website: <https://www.jobcorps.gov/>

Contact Lisa Trottier for more info: LTrottier@csd8.info



Congratulations Treasure-Rose Kirby-Norris!!!

HUGE congratulations are in order for WLE student Treasure-Rose Kirby-Norris, who recently took FIRST PLACE in the Coquille Elks Lodge essay contest about patriotism. She also took 3rd place in the district! Way to go Treasure-Rose!