

Winter Lakes Newsletter

Winter Lakes

High School >>>

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Elementary School

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IN THIS ISSUE >>>

- ❖ MARK YOUR CALENDARS!: Important Dates for March
- ❖ SENIORS: Are You Ready to GRADUATE?!?
- ❖ Job Corps: Careers Begin Here
- ❖ COVID Testing in Schools
- ❖ National Drug & Alcohol Facts Week
- ❖ March 1: Self-Injury Awareness Day
- ❖ Welcome Our New Teacher At Winter Lakes Elementary!
- ❖ Every Day Matters: Checking in With the Attendance Office
- ❖ Reminders and Notices

Dear Families, A Letter From Mrs. Sweeney, Principal

Good Morning Winter Lakes Families!

We are excited that springtime is on its way. What a crazy year this has been; Mrs. Nelson and I are grateful to have you as part of our school community. As we head into the final stretch of this school year, please keep in mind that:

- Each WLE student and WLHS 8th grade student will get a final report card for the school year. If you are unsure of what goes into that report card, please reach out to your child's Learning Specialist.
- Each WLHS student (9th-12th) will get a credit update for the 2020-2021 school year that will include each subject area's status. If you need more information about how a WLHS student earns high school credit, please contact your Learning Specialist.
- WLHS now has opportunities for students to come into the school building on Fridays from 12:15 - 4:15. If you are interested in doing that, please contact the office at (541)824-0115 to reserve your spot.
- If you/your child are doing home-based learning, please contact your Learning Specialist to figure out how that home-based learning works with WLS course completion. We want to be planning with you to make sure your student is getting the credit they deserve.
- Do you have questions about how else you/your child can be working with WLS teachers and staff? Please contact your Learning Specialist or Mrs. Nelson (WLE principal) or me (WLHS principal) whenever you need to.
- At WLS, our goal is not simply to provide an educational experience. We are here to help with food and clothing if your children have something they need. Please contact the school offices, and Mrs. Singh (WLE), Mrs. Snively, (WLHS), or Ms. FitzHenry (WLHS) will help you! This has been a challenging time for our community; the pandemic has made housing, transportation, food, and clothing difficult to come by. Let us work together.

Sincerely,
Jennifer Sweeney













Don't forget to celebrate the wonderful world of Dr. Seuss this month on his birthday, March 2!

Help carry on the enduring legacy of colorful characters in even more colorful worlds!

IMPORTANT DATES FOR MARCH

- ❖ **MAR 1:** Self-Injury Awareness Day
- ❖ **MAR 2:** Read Across America Day/Dr. Seuss' Birthday
- ❖ **MAR 5:** NO SCHOOL/ Progress Report Day
- ❖ **MAR 12:** NO SCHOOL
- ❖ **MAR 14:** Daylight Saving Begins – Spring forward one hour
- ❖ **MAR 17:** St. Patrick's Day
- ❖ **MAR 19:** NO SCHOOL
- ❖ **MAR 20 – 28:** NO SCHOOL – SPRING BREAK
- ❖ **MAR 22 – 28:** National Drug & Alcohol Facts Week

MARCH 2021

SUN	MON	TUES	WED	THUR	FRI	SAT
	1 Self-Injury Awareness Day	2 Read Across America Day/Dr. Seuss' Birthday	3	4	5 NO SCHOOL PROGRESS REPORT DAY	6
7	8	9	10	11	12 NO SCHOOL	13
14 Daylight Saving Begins! SPRING Forward One Hour	15	16	17  St. Patrick's Day	18	19 NO SCHOOL	20
21 	22  March 22 – 28 National Drug & Alcohol Facts Week	23 	24 	25 	26 	27 
28	29	30	31			



One >>>

SENIORS: Are you Ready to GRADUATE?!?

Graduation gets closer and closer every day. How prepared are you? Let's check in and see where we're at!

- ✓ **CREDITS:** Have you completed your credit requirements? Check in with your Learning Specialist, or take a look at your latest progress report to see where you're at, and where you need to focus.
- ✓ **ESSENTIAL SKILLS:** Remember that Essential Skills requirements have been WAIVED by the State of Oregon this year. You are not required to complete them!
- ✓ **NAVIANCE:** Have you logged in and completed your Graduation survey? See Mrs. Sperling if you need any help.
- ✓ **DIPLOMA:** How would you like your name written on your diploma? If you have not confirmed this information yet, please contact us in the main office at (541)824-0115 or msnively@coquille.k12.or.us ASAP!
- ✓ **GRADUATION:** Would you like to have a ceremony this year? We are sadly still unable to hold a traditional ceremony. But we can schedule an individual "mini" ceremony



for you and a handful of guests. We have an enormous selection of loaner caps and gowns in every color along with a tassel that will be yours to keep. Contact your Learning Specialist or the front office to let us know if you will be interested in scheduling your graduation!

Two >>>

Job Corps: Careers Begin Here



ADVANCED MANUFACTURING	AUTOMOTIVE AND MACHINE REPAIR	CONSTRUCTION	FINANCE AND BUSINESS	HEALTHCARE
HOMELAND SECURITY	HOSPITALITY	INFORMATION TECHNOLOGY	RENEWABLE RESOURCES AND ENERGY	TRANSPORTATION

Apply at: <https://www.jobcorps.gov/recruiting/enrollment-interest>

Contact **Ms. Trottier** for more information

COVID Testing in Schools

Thanks to a recent partnership between the federal government and the State of Oregon, the Coquille School District is participating in the BinaxNow COVID self-test program. Your family should have already received information about this in recent weeks. In order to participate, a completed permission form MUST be on file for your student. Complete and submit the two-page form below if you would like your student to have permission to self-test if they fit the qualifications to do so. Contact Tony Jones at tjones@coquille.k12.or.us with any questions.



ODHS | OHA SHARED SERVICE
COVID-19 Response and Recovery Unit (CRRU)



COVID-19 testing consent form

To be completed by student parent or guardian			
Parent/Guardian Information			
<i>You will be notified with test results in writing at the time of testing.</i>			
Parent/Guardian Print name:			
Parent/Guardian Mobile number:			
Parent/Guardian Email address:			
Student information			
Student name:			
Home address:		City:	
ZIP code:		County:	
Date of birth: (MM/DD/YYYY)		Grade level:	
Student name:			
Home address:		City:	
ZIP code:		County:	
Date of birth: (MM/DD/YYYY)		Grade level:	
Student name:			
Home address:		City:	
ZIP code:		County:	
Date of birth: (MM/DD/YYYY)		Grade level:	

Consent

By completing this form and returning it to my school, I confirm that I am the parent or guardian of the student(s) listed above, and that I consent to allow testing of my student(s) for COVID-19 by shallow nose swab during the 2020-2021 school year. COVID-19 testing may be offered to students in two circumstances: (1) if my student(s) develop(s) new symptoms of COVID-19 while at school; (2) if my student(s) is exposed to COVID-19 in a school group and the local public health department recommends testing. I understand that I may consent to one or both types of testing.

I understand that COVID-19 testing for the student(s) is optional and that I may refuse to give consent, in which case, my student(s) will not be tested. I understand that my student(s) must stay home from school if feeling unwell.

I understand that the school is not acting as my student's healthcare provider, this testing does not replace treatment by my student's healthcare provider, and I assume complete and full responsibility to take appropriate action regarding the student's test results. I understand that it remains my responsibility to seek medical advice, care and treatment for my student(s) from their healthcare provider.

I understand that there is a possibility of false negative COVID-19 test results and that my student(s) could still be infected with COVID-19 even if the test result is negative. I also understand that if my student(s) tests positive for COVID-19, the test result will be reported to the local public health authority as required by law.

Personal health information will not be released without written consent except when required by law.

- ☐ I give permission for school staff to test this student(s) for COVID-19 if new symptoms develop at school.
- ☐ I give permission for school staff to test my student(s) if they are exposed to COVID-19 within their school cohort and testing is recommended by the local public health authority.

	
Signature of Parent/Guardian	Date

Four >>>

March 22-28: National Drug & Alcohol Facts Week

The body and brain of a growing kid comprise a very delicate system. Some of the most upsetting influences to this system are tobacco, alcohol, and drugs. As little as one single use can be all it takes to develop a devastating addiction or even overdose (verywellmind.com, 2020).

The effects of addiction encompass not just the addict, but their friends, family, and loved ones as well; carving a path of destruction and loss. This damage is not always fixable, there is often no “going back”. The anatomy of an addict’s brain and life are forever altered.

Making smart choices in your youth creates a solid foundation for your health and future. Though saying “NO” is not always easy, nor is it always seen as “cool”, it is the best choice you can make to set yourself up for success.

If you think a friend or family member has a problem with substance abuse, talk to an adult you trust – like a parent, coach, or teacher – right away. Remember, treatment is available and people CAN get better (NIDA, 2020).

Visit teens.drugabuse.gov/teens for information and resources.



LOCAL & NATIONAL RESOURCES

- **Narcotics Anonymous**
 - (541)267-0273
 - Coosbayna.org
- **Al-Anon**
 - Al-anon.org
- **KAIROS**
 - (541)267-3511
 - Kairosnw.org
- **ADAPT**
 - (541)751-0357
 - Adaptoregon.org
- **All Tribes Mental Health Services, Inc.**
 - Alltribesmentalhealth.com
- **YouthLine**
 - 1(877)553-8336



<<< Five

March 1: Self-Injury Awareness Day

Self-injury is any deliberate, non-suicidal behavior that inflicts physical injury to a person’s own body (lifesigns.org.uk, 2008). Self-injury does not look the same from person to person. It is a unique coping mechanism that takes many forms including cutting, scratching, burning, and even non-lethal self-medicating. Around 10% of young people engage in some form of self-injury.

The myths and misinformation surrounding self-injury create devastating stereotypes and stigma that make it difficult for most people to talk about it. Feelings of fear and shame lead them to hide what they are doing.

If you are a person that is engaging in self-injury, please find somebody you can trust; a friend, family member, school staff member, coach, etc.

If somebody is coming to you with this information, that means they trust you. LISTEN WITHOUT JUDGEMENT. This is a big deal for them. Encourage them to get help without pressuring too much. Above all, treat them kindly. They are still a person, just like you.

Visit <https://www.rethink.org/advice-and-information/about-mental-illness/learn-more-about-symptoms/self-harm/> for more information.

National & Local Resources

- **Life Signs**
 - <https://www.lifesigns.org.uk/>
- **Self-Harm Crisis Text Line**
 - Text HOME to 741741
- **YouthLine**
 - 1(877)553-8336
- **Coos Health & Wellness Crisis Hotline**
 - (541)266-6800
- **All Tribes Mental Health Services, Inc.**
 - <https://www.alltribesmentalhealth.com/>
 - (541)366-7640
- **KAIROS**
 - <https://www.kairosnw.org/>
 - (541)267-3511

Six >>>

Welcome Our New Teacher to Winter Lakes Elementary!

Hi! My name is Kim Gallagher and I am the new K-3 teacher at Winter Lakes Elementary. I live here in Coquille with my husband Jaret, our two sons, Austin and Christian, a dog, and lots of Lionhead rabbits. Prior to becoming a teacher, I was a massage Therapist for 18 years. I grew up in the Willamette Valley on a horse ranch and played volleyball, basketball, and softball. I enjoy traveling, the outdoors, and playing with our animals. I am so very excited to be a part of the Winter Lakes Family and to work with the littles of the program.



<<<Ten

Every Day Matters: Checking In With the Attendance Office



As of this upcoming Friday (March 5), we are officially 2/3 through with our school year. And regular attendance in school remains as important as ever!

Remaining connected and engaged is easy at Winter Lakes School, and only takes a few minutes a day, especially for our busy families! Our attendance office will reach out to you to offer assistance any time your student has three or more consecutive absences. Fee free to contact the attendance office any time with questions or concerns at (541)824-0115 ext. 7204.

There are so many ways to keep on the path to good attendance:

- ✓ Participate in a video class
- ✓ Communicate with a teacher via chat, text, message, communication app, or email
- ✓ A phone call between the teacher and student, or for younger students (WLE), with the parent or guardian of the student
- ✓ Posting completed coursework to a learning management system (Odysseyware) or web-based platform (Google Classroom) or via email
- ✓ Turning in completed coursework, including paper packets, on a given day
- ✓ Attending your pre-scheduled LIPI in-person session

Please note, merely logging in to your student Odysseyware account **DOES NOT** count toward positive attendance.

Winter Lakes High School
Office Hours

Do you have a question? Are you stuck? Do you need help with an assignment?

There's a *WLHS* teacher waiting to talk to you from

7:30am—5:00pm Mon—Thurs

Go to your *WLHS* Google Classroom account.

If you've not joined this classroom yet or are having trouble getting into your WLHS google account, please call the office or contact your learning specialist contact.

Click onto the **"Meet Link"**

You'll be able to join via video or via voice chat.

You can also type a question into the daily comment box.

*There's always a teacher available from
7:30am—5:00pm
Mondays through Thursdays.*



REMINDERS & NOTICES

FREE \$\$\$ FOR COLLEGE!!!

There is still time to take advantage of financial assistance to make your college dreams a reality.

Visit <https://oregonstudentaid.gov/fafsa-orsaa.aspx> to submit your FAFSA and ORSAA application today!

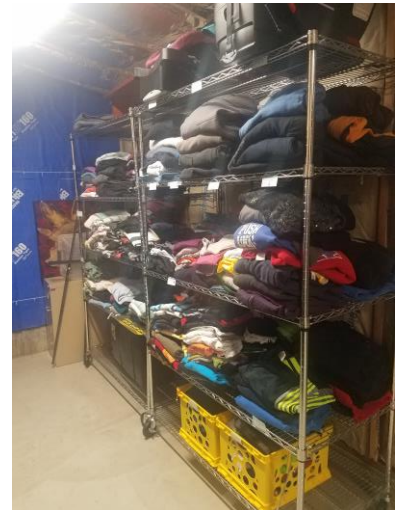


Visit Our Clothing Closet

As we have continued to grow, so have the sizes of our donations. We have so many clean clothing items to share!

Call us at (541)824-0115 or email msnively@coquille.k12.or.us or sfitzhenry@coquille.k12.or.us to make an appointment to shop our closet.

All sizes and styles!! Shoes and accessories too!!



Planning to Enroll at SWOCC??

Pre-Registration advising is April 12th and 13th this year for those planning to enroll this Fall.

Contact Cintya Gallagher at (541)824-0115 ext. 7202 or cgallagher@csd8.info for more information and to schedule your spot!

The Coos Drop in North Bend is a safe space for our local youth to feel heard, supported, and capable of creating change (youthera.org/coos-drop, 2020).

In partnership with Youth Era and Coos Health & Wellness, their Youth Peer Support Specialists work hard to empower our youth as they transition into adulthood.

Visit <https://www.youthera.org/coos-drop> for more information!